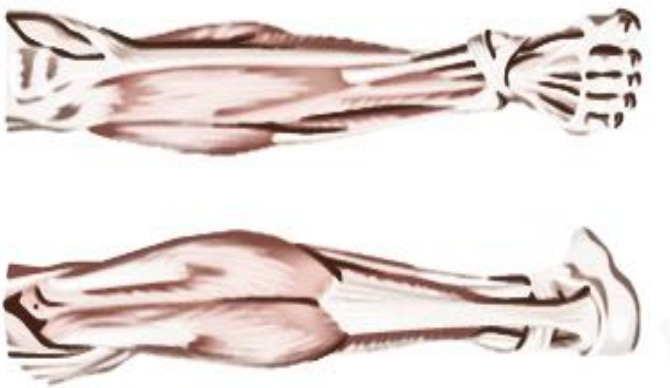


Are you age 70 or older, with no major health conditions?

Will you help us test the effect of a supplement on muscle health?



The supplement MitoQ is an antioxidant that enters mitochondria, the ‘engines’ of your cells, and cleans up damaging particles. We are using MRI to test whether taking MitoQ for six weeks improves muscle function and strength in older people, which may help them maintain mobility in later life. We are looking for participants who: 1) have no chronic diseases, such as heart disease or diabetes; 2) are not using statins; and 3) exercise less than 20 minutes a week .

If you are interested, contact Dr Donnie Cameron, Medical Physicist at the University of East Anglia: Phone, 01603 591371 (9am-5pm); E-mail, Donnie.Cameron@uea.ac.uk.