Are you age 60 or older, with no major health conditions?

Will you help us test a supplement that may improve muscle health?



The supplement ΔG^{TM} is an alternative fuel source that mitochondria – the 'engines' of your cells – can use to make energy. We are using MRI to test whether taking ΔG^{TM} improves muscle function and strength in older people, which will help them maintain mobility in later life.

You can participate if you are 60 years of age or over, considered otherwise healthy, and are willing to undergo MRI scanning.

Regrettably, participants with ongoing cardiovascular and/or renal disease, implantable medical devices (i.e. unable to undergo MRI), or on ketogenic (e.g. the Atkins diet) are unable to take part.

If you are interested, contact Dr Nathan Procter, Senior Research Associate at the University of East Anglia: Phone, 01603 591793 (9am-5pm); E-mail, <u>N.Procter@uea.ac.uk</u>.



Norfolk and Norwich University Hospitals



